Reflective account

Please do not include any patient, service or colleague identifiable material, all accounts must be anonymised.

Example of evidence for inclusion in reflective accounts:
Patient episodes, colleague interaction, student supervision, annual appraisal, audits, incidents and reviews, GRS submissions, JAG accreditation, reports.

Reflective account title

Withdrawal of consent

Date of reflection

01/02/2023

Number of hours of CPD

3

What?

What was the nature of the CPD activity, practice event or experience?

Withdrawal of consent. I was assisting the endoscopist with a colonoscopy. The procedure was quite difficult because of lots of looping and severe diverticular disease. We had changed the patient position and given more fentanyl. The patient was still struggling and when I asked if they were ok they said they wanted to stop the test.

So what?

What did you learn from the CPD activity, practice event or experience?

The endoscopist didn't seem to notice that the patient was in pain and had asked for the test to be stopped. I spoke to the endoscopist and said that the patient had said they didn't want to continue. The endoscopist stopped and spoke to the patient and checked if they wanted to stop. The endoscopist removed some air and we repositioned the patient. The patient said they were ok to continue for a bit, but as soon as the scope was moved the patient said to stop. The endoscopist stopped quickly , checked with the patient and then started to remove the scope. Afterwards the endoscopist said they had been concentrating so much they had not noticed the patient saying stop.

Now what?

How did you change or improve your practice as a result?

We had followed the 4 step BSG guidelines plan for a patient withdrawing consent and I had acted effectively as the patient advocate. The patient was included in all decision making and we fully complied with their wishes. The guidelines helped everyone understand their role and responsibilities.